



Welcome to Casa Ashaya and Playa Guiones

From the Owners:

You have chosen to spend your vacation at one of the very best places in the world. We know, we visited many and chose to build our house in this community and we look forward to spending many months here in the future. In the meantime, we want our home to feel appreciated and full of good karma brought on by people from all over the world enjoying the beauty of Nosara. Welcome to paradise.

Ashaya is Sanskrit for "refuge of the heart". In designing our home we wanted to appreciate the jungle and be respectful of the environment. This was behind our choice to have solar power, recycle water, build lots of windows and minimize air conditioning. We hope that you appreciate the warm- hearted Zen vibe we are aiming for.

We understand that you've spent a fair amount to enjoy the house and it's important to us that you feel at home and comfortable during your stay, that is why we are providing you with some useful and important information on this book. You can access a lot of this information online as well on our website and Facebook page. Feel free to leave comments!

www.casaashaya.com and www.facebook.com/casaashaya/

SOMETHING NOT QUITE RIGHT? PLEASE LET US KNOW (info@casaashaya.com).
If anything is broken or missing, let Luz or Lily at Beach Management know so they can purchase a replacement.

GENERAL INFORMATION

Internet and TV The internet and TV come from Cable Tica and our cabling is top notch so when lightning speed internet comes to Nosara we'll be ready. Right now, anywhere from 5-7 mbbs is the best you'll get. Not great for online gaming but surfing the web and Netflix works fine. The TV remote broke down and the replacements just won't control the volume and channels. You have to do that manually and the control is located at the lower right corner of the TV. For the Roku, we recommend using the Roku app on your smartphone.

Home Phone

We still have an old fashioned landline for your convenience. The line does not allow for long distance calls. We recommend using Skype Out/Face Time or other web-based system for long distance calls. Kolbi also only charges 14 cents per minute for calls to the USA and Canada and the signal is very good at the house.

Parking

There is one parking spot inside the fenced area. Visitors can easily park just outside the gate. Two vehicles will easily fit there.

DO NOT ATTEMPT TO DRIVE A CAR, GOLF CART OR ATV OVER THE PEDESTRIAN BRIDGE

Water

Water supply is a HUGE concern in Guanacaste. The peninsula is arid from December to April and the town often shuts down water for hours to refill its tanks. You will never know when that happens because we have a holding tank and a pump on the backup solar power system. Nonetheless, we ask you to be careful with your water use. We have a drip system to irrigate the garden that minimizes the use of water while keep the gardens lush.

The tap water is safe and good to drink throughout the town. We also have a water softener with good filters and a UV disinfectant so no worries with drinking the water.

Security



Hard Security provides all security on the premises. Casa Ashaya is equipped with a state of the art alarm system including outdoor cameras. Please ask our team directly for your code and memorize it. Please do not write it down. If an alarm sounds, they will call to the property immediately and they will send a guard. Be sure to always safeguard your valuables regardless (laptops, passports, cell phones, cameras, jewelry, and cash).

Nosara has mostly petty theft. Typically, robberies occur during sunset/ dinnertime when the house is unoccupied. Robberies are most often non-confrontational with the desired items being electronics, cash and jewelry. There have been reports of stolen passports and credit cards. To avoid issues, it is your responsibility to utilize all security features in this home. Easiest of all, leave all that expensive stuff at home. Don't try to get noticed with that big watch or diamond ring!

Please follow these security measures for a safe and pleasant stay:

- Check that all doors and windows are locked and secured before leaving the house.
- Lock all valuables in the safe (day and night)
- Arm the alarm using the key pad
- Do not leave valuables unattended inside or outside the house
- Do not leave your valuables in your vehicle at any time especially at beach entrances
- Do not take valuables to the beach unless someone remains with the items at all times
- Do not invite local people to the house you just met (fast new friends)
- Do not give the name of the property or the location to anyone.

Surfboards and SUPs

There is lockable surfboard storage at the back of the house beside the outdoor shower. Please do not take the boards inside the house or bedrooms as this has damaged furniture and walls.

Garbage & Recycling

Our community recycles. Please put all recyclables (instructions on what is recyclable in Nosara can be found at the end of this guide and on the kitchen drawer for the recycling bin) and trash in the concrete receptacle in front of the gate. Trash bags (dark) can be found in the kitchen cabinet. Clear bags are for the recyclables. Avoid just placing them beside the receptacle, as animals will likely have a grand party with what they find, leaving an epic mess.

We also encourage you to use the small container for compostable items - coffee grounds, fruit scraps etc. Basically things you would put in your green bin at home. Things decompose really quickly in this climate. Just dispose of the compost items in the garden near the big pile of leaves and branches by the creek.

Septic System

The jungle/ beach septic system is delicate. A good rule of thumb is that if it didn't come out of your body – don't flush it! Soiled toilet paper is OK to flush. Please do not flush sanitary napkins or other hygienic items in the toilet. Place these items in the bathroom trashcans.

BBQ

We have a small gas BBQ for guest use. Please do not use the BBQ on the wooden yoga platform. There is a tank exchange at Super Nosara when the gas runs out and you really cannot wait! Otherwise Beach Management will replace it.

Windows and Air Conditioners

Our house has wonderful airflow with the breezeway and all the large windows. We ask that you open and close them slowly **and go extra slow as the door moves to the next heavy glass panel or you may find yourself with a broken handle in your hand!** Help each panel as you open the doors to avoid damage to the seals (that keep bugs away!). Please turn off all AC units when you leave the house or windows/doors are open. It's almost always cooler on the deck by the pool, our favorite daytime "place to be".

NOTE: The ideal temperature is 25C but the AC thermometers are not always accurate. You may need to experiment a bit. Temperatures lower than 21C will cause the units to sweat/ drip and stall them until the repairman comes – and that could take a while. Please close the bedroom doors when the AC is on. Costa Rica until recently was very proud to use only renewable sources for electricity, but now has heavy fuel power plants to deal with the growth in demand. Please be eco-conscious! Turn lights and fan off if nobody is around.

During the dry season (December to April) our early “mistake” was to keep the AC on all night. The bedrooms can indeed get warm through the day and can feel too warm for comfort when it’s time to go to bed. As “experienced” residents, we now know that it’s much nicer to put the AC on for 15 minutes, then shut it off and open all windows to enjoy the sounds of the jungle – particularly in the morning when the birds and the monkeys wake up. Nights are a perfectly comfortable 22-23 degrees most of the year.

If it’s still too hot for you and for sure during the Green season - when the humidity in the air is very high - we usually close off the doors to the bedrooms and put the AC units on the “dry” setting for several hours every day or even overnight. The units are quieter and don’t use as much electricity in dry mode.

Ceiling fans will definitely make things more comfortable BUT don’t use them with the AC. Cold/dry air sinks naturally closer to the ground and the hot/humid air will escape through the louvers. Turning the ceiling fans on makes the AC less efficient.

Electricity and Power Outages

We installed a **solar power system and battery backup** that can provide up to 4000W of power. The solar panels constantly provide power for the house during the day. Note that several critical circuits are on the solar grid – ceiling lights, refrigerator, water pump, alarm system...and TV! So if only the lights and fans work – consider that it may actually be an ICE (electrical company) outage. Check the microwave – if the time doesn’t show, it’s indeed an outage! You can still make coffee or a smoothie by plugging them in the plug at the top of the stairs which is on backup power. We also have LED lights almost everywhere to save energy. The solar power inverters and batteries are in the bodega behind a locked door for safety. They make funny clicking sounds – don’t be alarmed if you hear clicks when you stand in the laundry room. If the power goes out completely, the system might have a fault or a surge might have damaged an inverter. Beach Management staff can reset the system for you if that’s the case.

Pool & Garden Services

The pool and garden is serviced during the week sometime between 7:00am – 8:30am. This will be a member of the Beach Management team, either Vicente or Marlon.

Maid & Cooking Services

If your stay is longer than 7 days, mid-way you can request Maid Services to come for a complimentary visit. The team will launder bed linens/ towels, plus clean the kitchen, bathrooms, bedrooms and floors. Additional maid service is available at \$10 per hour.

Cooking Services by a local Tica chef is also available at \$20 per hour plus grocery expenses. Contact Beach Management team to arrange for either of these services.

Check Out:

Check Out time is 9AM. Check with Beach Management if you need a later check-out time. On the day prior to checking out, please make arrangements with Beach Management team to return the house keys or settle up any outstanding purchases to your account.

Insects

Costa Rica has plenty of them and their prevalence will vary dramatically depending on the weather and time of day. Mid-day in the dry season you won't see many. Please close the screens properly at dusk – that's when the insects like to come out and they are attracted to the lights in the house. There is insect spray below the kitchen sink for any that you cannot tolerate. Once in a while, ants decide to march into a house and clean any debris – then march on. Just leave them alone for a while. They are not dangerous.

Useful Money Info

The Costa Rican currency is called the Colones. The exchange rate changes regularly, but it hovers around 550 colones to each \$1.00 US. Almost every business here will accept both US Dollars and Costa Rican Colones. As for credit cards, most hotels will accept credit cards, but there are still a handful of restaurants that will not. Those that do, often charge an additional fee. Expect to pay for meals with cash in a few restaurants.

Beware of restaurants/businesses offering you a "US Dollar option" as the conversion is often terrible – sometimes as low as 500 colones per dollar. If your credit card is in another currency, you'll probably be hit again on the conversion. Get some colones at home on the best possible exchange rate or if paying by credit card, ask that it be in colones.

Currency and Banks

There are two banks in Nosara, the closest is Banco Popular and it is located on the main street in Guiones, next to the Surfing Nosara Real Estate Office. There is an ATM located next door to the bank's entrance. This machine ONLY accepts cards with a VISA symbol, and will not work with a MasterCard. The ATM dispenses currency in either Colones or US dollars and is available 24 hours. The second bank is Banco de Costa Rica (BCR). It is located next to the Nosara Servicentro gas station (La Bomba). It has an ATM that accepts a wider range of cards and the bank is open 9:00 a.m. to 4:00 p.m. Monday-Friday.

****Just a reminder**** There is \$29 per person departure tax that you must purchase at the airport before going to the airline counter BUT some airlines have already included it. Check with your airline to avoid lining up needlessly. The tax collection counter only

accepts cash and Visa branded cards. The card transaction will be processed as a cash advance, which may entail extra fees and interest charges.

Groceries

You'll find everything you need – but it might not be presented the way you are used to! You'll need to drive or take a cab for the larger (a relative term) grocery stores. That being said, you'll be amazed at what they have on the shelves if you look carefully.

Super Nosara: In the village of Nosara. Take the left branch of the road after you see the runway. <https://plus.google.com/112113323794587643712/about?gl=ca&hl=en>

Super La Paloma: Somewhat smaller, sometimes cheaper. On the left before you reach the runway.

Super Dos Lorenas: You passed it if you drove to town from Nicoya. It is the closest of the three to Casa Ashaya. You'll find your basics only – not great for meat and fish, but the fish store is not far, right by Il Basilico.

There are smaller stores in Guiones. One is close to the Guided Iguana. They have fruit and vegetable. Your protein is going to be mostly frozen tough! Organico on the main road also has interesting choices and has recently expended.

Wine and beer is sold in all grocery stores. All stores accept credit cards.

Medical Needs:

Nosara has three full time doctors' offices with several well-qualified doctors. Dra. Nathalie Arias Matarrita, MD Mobile: 8682-5376 (preferred) Nathalieam05@hotmail.com. A native Costa Rican married to an American expat, Nathalie speaks excellent English.

Paradise Medical Services is closest on the main Guiones strip. Their hours are 8- 5PM MON – SAT and office numbers are: 2682-1212 / 2682-0942. Outside of those hours, Dr. Alejandro Gutierrez Breedy (8865-7892) and Dr. Mauricio Jimenez Rojas (8823-1355) are available for 24 hour Emergency situations. Dr. Kattia Porras Chacon is another doctor in town. Her numbers are 8823-7594 and 2682-0404.

The Nicoya Public Hospital is about 45 minutes away, and CIMA Hospital (private) in Liberia is 2 hours away and would be our recommendation for urgent medical care in the vicinity. <http://www.cimamedicalvaluetravel.com/cima-guan>

Additionally, for any serious emergencies, there is also a world-class private hospital with the same name, CIMA, located in the capital city of San Jose.

Pharmacy: There is one in the village of Nosara. They may be able to give you some medications that would probably take a prescription back home. So be careful!

LOCAL KNOWLEDGE

How to Get to the Beach

Guiones is a terrific beach. Since no construction is allowed within 50 meters of the high tide line, there are only a few entrances through the jungle. Once you are on the beach, no houses, no condos, only the sound of the surf.

The entrance closest to Casa Ashaya is 5-6 minutes walk away. Slight downhill towards the beach – maybe a minute more coming back as you go up the gentle slope. You pretty much follow the road in front of the house. Turn left and hang left all the way (but don't go in the Guiones Beach Club), you'll see a small parking lot and the path is right there at the end of the lot.

Get a tides table such as this one <http://www.crsurf.com/costa-rica-tides-2017/july.html> . At high tide, there is limited room to walk on the beach. If it's a full moon or new moon, then it's really tight. At other times of the month, the high tide is a foot or two lower and walking is pretty easy. At low tide, the beach is endless.

Stay right of the beach entrance as there are rocks on the left that cannot be seen unless the tide is really low. To the right, it's a nice sandy bottom all the way. Stingrays are much less common than in Florida and they are rarely in this area. Nonetheless we advise you shuffle your feet in shallow water if you cannot see the bottom, and resist the temptation to jump from your surfboard onto the sand as they somehow don't appreciate being stepped on and will retaliate! If you happen to get stung, place the foot in as hot a bucket of water as you can tolerate without burning yourself. The heat deactivates the venom.

Transportation

If you plan to stick close to your house in Guiones, you won't need a rental car. You can get to everything you need on foot or by bicycle. If you want to explore beyond the Beaches of Nosara, a rental 4X4 is recommended due to the condition of the roads. You can also rent quads/ATVs or Golf Carts to get around in. Contact Beach Management team for rates and details.

Tuk Tuk Options

See post: <http://www.vozdeguanacaste.com/en/articles/2016/02/19/picturesque-tuk-tuk-ride-through-potholes-and-dust-nosara>

- Ronald Mora (Mosca): 8902-6886
- Freddy Arrieta: 8662-6080
- Luis Angel Rodríguez: 8672-8015
- Alexis Cabalceta (Chapín): 8853-2519

Gas/Flat tires

The gas station is on the way to the town of Nosara. You really cannot miss it. They will fix flat tires there for about \$5. Flat tires are very common on these roads. In my experience, the rental car companies see flat tires as the same as gas – you get it fixed yourself. At \$5, why not? Make sure you have a properly inflated spare on your rental SUV.

Child Care

If you would like to have some adult free-time, Nosara Nannies can come to the house to take care of your little ones. Per hourly rates vary from \$10 - \$15 depending on the number of children. www.nosaranannies.net

What to do

Lots and lots to do – or you can just do nothing and relax. We post a number of links on our website – feel free to take a look www.casaashaya.com . Beach Management works closely with Experience Nosara, a locally owned tour company <http://www.experience-nosara.com/> .

Surfing: Lots of great schools and rental shops in town – you pick! The secondary surf is great for beginners – further afar are the experts in the bigger stuff. If you're not a surfer, body boards are a lot of fun in this surf and easy to learn.

Yoga: Other than surfing, Nosara is famous for its yoga. Here are our three favorite places. You could walk to all of them although LaNegra is a bit further and you may choose to drive if it's really hot. Bhodi tree is a 5 minute walk. Look for the shortcut on the right. There is a sign pointing to a long staircase. Harmony about a 15 minute walk.

- <http://www.harmonynosara.com/relax/yoga/>
- <https://bodhitreeyogaresort.com/yoga/community-classes>
- <http://www.lanegranosara.com/yoga-studio>

Walking: There is very little written about it - yet it's spectacular. It will be mostly beach walks. The main road is dusty and no fun to walk on. The best time is bright and early before it gets too hot. You'll have lots of time to nap later before your sunset walk/swim. It already gets pretty hot by 10 AM unless there is cloud cover

There are a few “secret” paths through Guiones. One goes from the Eskina Skate Park (where the Saturday organic market takes place) to the main road close to the Harmony hotel. Not far from there – at the end of the road by Surfing Nosara and the Spanish Institute is another path that is very nice and will take you to the Bhodi Tree Yoga Resort. The Nosara Civic Association has started to place signs on the paths and there is a map in the welcome binder.

But it's all about the beach, particularly at low tide. From the beach entrance, take a right. When you think you've reached the end, you have reached the end of Guiones, but there is more! Look for a well-used path on the right – it will take you to Pelada, another stunning beach. I have the tender feet of someone who wears leather shoes all day so I prefer having flip flops on the path, but many don't bother. In fact, many people walk to the beach in their flip flops, then toss them in a bush by the path until they are ready to leave the beach. It will take you 45-60 minutes each way from the house to/from the end of Pelada. If your sandals are really nice, split them in the bush or carry them with you. I have seen (and experienced) vanishing sandals leaving a somewhat uncomfortable walk back home.

Turn to the left at low tide and you can go quite far. In fact, if you are willing to walk on rocks (bring your good hiking sandals (Teva, Keen) you can get all the way to Playa Rosada. That will take you at least 90 minutes. Bring some water as well if you plan on going all the way. This is clearly a walk that can only be done a few days every month when the tide is low as you come back!

Kayaking:

An experience you shouldn't miss and we recommend you get up early to do it. Here is the best case scenario in our mind. Find a day when the high tide is around 8AM (we know – if you only have a week it may not happen but ask <http://www.drifterskayaking.com> for alternative excursions). Get up early and explore Boca Nosara. Meet around 6:30 AM so you're on the water when the birds get active. It's a birder's paradise at that time. They have single and double kayaks and will let you go on your own if you are an experienced paddler. He's also a great tour guide.

A lot of people just stay in the mangrove and it's very nice there but too shallow at low tide. Make sure to find the short path to Nosara beach at the end of the mangrove. We like going up river and find there is even more wildlife there. There are shy small crocodiles. It's fun trying to spot their snouts. We're not worried about them since the locals seem to like to fish bare legged thigh high in the water. Clearly these crocs are not aggressive. If SUP is your preference, there are a number of tour operators in town as well.

Note: This is not as nice in the green season. After a rain, the water in the river gets cloudier and the birds cannot see the fish – so they don't bother coming.

Day Trips

Consider Samara a half an hour away South. This is a South facing beach small surf. Lots of restaurants (and tourists) as well. If you take the shortest road (during the dry season only please) you will have to cross a small river with your SUV. Look for where the other vehicles have gone (tracks) and keep a steady but slow pace. You might notice a big tractor on the side. Someone makes a living taking stalled cars out of the river. Great Instagram moment though – your kids will be impressed!

Going North we recommend San Juanillo. You will be fording a couple of streams on your way as well! If you go at low tide, go walk Ostional beach. It's a gorgeous beach with a

small parking lot at its far end. Ancient People restaurant on the road to the San Juanillo beach is a nice place for a late breakfast or lunch.

Swimming: Guiones is a surfing beach with the big breakers far away. Beginners will be closer to shore and you have to be mindful of that when you go swimming. They don't control their boards that well – you know that if you're a beginner yourself! Guiones rarely has any undertow or riptide and it's fun to play in the smaller waves. Pelada occasionally has rip currents and there are rocks so be very careful there. It's safest at low tide.

Restaurants

There are lots of great restaurants in the area and we have not tried them all! You'll likely want transportation to and from. We don't recommend walking the main road in the dark as it is very difficult to see pedestrians and vehicles go faster than they should. If walking after dark, bring a flashlight! Using the street along the beach (which is safe to walk), you'll first encounter El Manglar, then Harbor Reef, and Beach Dog Café. Harmony, and Al Chile are a bit further.

Owners' Picks

Most romantic: La Luna <https://www.facebook.com/pages/LA-LUNA/187210908478>

Best Pizza Place (\$10 pizzas on Saturdays): Il Basilico <http://www.ilbasiliconosara.com/>

Most creative dishes: Beach Dog Café <https://www.facebook.com/beachdogcafe/> Looks like nothing from outside – yet the food is very creative and excellent! Consistently top rated. Walkable from Casa Ashaya!

Great mexican vibe: El Chivo Cantina <http://www.elchivo.co/>

Ice cream and breakfast spot: Robin's <http://www.robinsicecream.com/>

If you prefer gelato, Seekret Spot is the place! It used to be a long way to Pelada, but they now have open in Guiones as well. <https://www.facebook.com/seekret.spot/>

Relaxed vibe/Seafood: Pacifico Azul. Now is a new space that is really quite nice next to Nomadic Hotel <https://www.facebook.com/CarlosGuiones/>

Lunch: Taco Taco at Coconut Harry's <https://www.facebook.com/pages/Taco-Taco/616256551770207>

Best Place for a sunset drink or early dinner: Lagarta Lodge <http://www.lagarta.com/restaurant.htm>

Italian icon in Nosara: La Dolce Vita https://www.tripadvisor.ca/Restaurant_Review-g656474-d1627666-Reviews-Dolce_Vita-Nosara_Province_of_Guanacaste.html

Rick's Pick

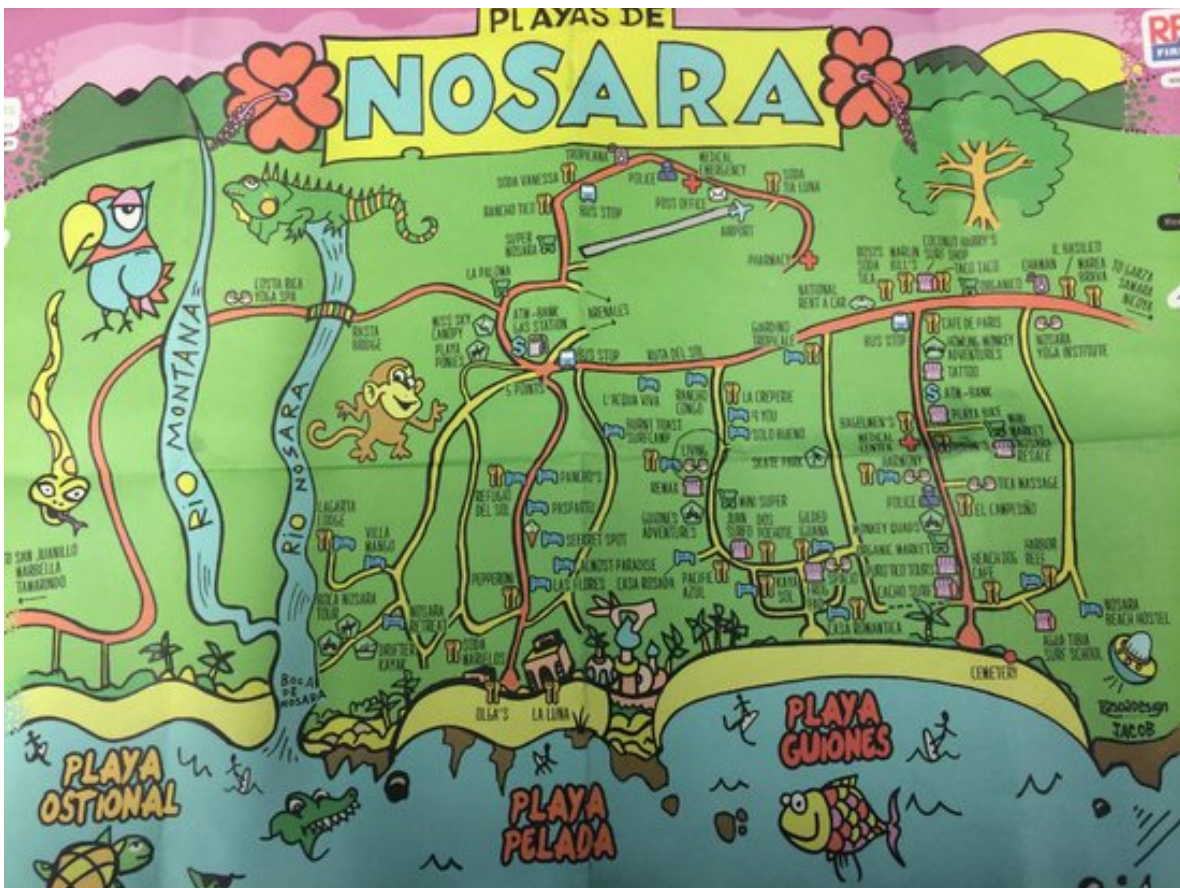
Garza Beach Lounge. Right on the beach you can enjoy amazing local food feeling the ocean breeze on your skin. They have one of the nicest ceviches I've ever tried. New place around with a bright future to come."

Lily's Pick

Al Chile, very popular in the area, with variety of good food and drinks. There is often live music (note: the restaurant is currently under renovations).

Luz's Pick

10 Pies (G section across from the mini-mart). Very nice food, consistent quality, and very different options on their menu. There you can switch from pizza to Hawaiian pokee, and every single dish they have is very well performed.



FOR YOUR NEXT VISIT (NOSARA CAN BE ADDICTIVE)

Airport Information:

Liberia (LIR)

Airport website <http://www.liberiacostaricaairport.net/>

There are no airline VIP lounges in Liberia. There is a private lounge – we have never tried it. There is a large café on the second floor (Café Players) that is always very busy. The staff is nice and the beer cold. Very expensive for what you get – but they have a monopoly! Pay in colones! Water is the same price as beer or pop. You cannot take water through security, but there is a water fountain in the terminal (far left as you go up the stairs) if you bring your empty bottle. If you arrive on an early flight, the German Bakery about 3 minutes from the airport on the main road to Nosara opens early and has good breakfasts.

Driving time: 2 hours if everything goes perfectly right – no construction, bike race, parade, cattle...so give yourself some time and factor returning the rental car since all of the agencies are off airport. Most of the time, it will be three hours from Casa Ashaya to check-in (and vice-versa).

San Jose (SJO)

Airport website <http://www.fly2sanjose.net/>

Driving time: 4-5 hours plus stops. It really depends on how many trucks are on the Pan American Highway (Hwy1) and your ability (and comfort) in passing them. Take the toll highway (Hwy27) to/from Puntarenas.

Where to stop: There are several nice restaurants along the road. None of them will be fast – Pura Vida rules! In Puntarenas: Tabaris (across the road from the water and looking at the bay). NOT a quick stop, but the food is pretty good and the portions large. After a flight and two hours of driving, you'll be ready for a stop!

Pan American highway: You'll find a decent looking restaurants every 20 minutes or so. They are all close to the road. There is also a restaurant right at the turn to highway 18 towards Guanacaste/Nicoya.

Nosara Airport from San Jose

Don't want to drive? Nature Air has flights from San Jose and Liberia to Nosara. Nature Air website <http://www.natureair.com/>

Renting a Car in Costa Rica

Some people like to be driven – We like the freedom of our own vehicle. No judgment here! Do as you please. Beach Management team will be pleased to make any arrangement you might want for airport transfers.

Driving in Costa Rica ranges from super easy to very challenging. An inch on the map could mean 30 minutes...or 3 hours. The main road from the airport to Nicoya is very nice and fast. Nicoya to the cut-off to Nosara is also a good road albeit slower as it goes through villages. From the cut-off to Nosara, take your time!!! There will be lots of potholes.

Drivers are a bit more unpredictable than in the US or Canada, but not that much. So it's not Germany, but it's not Mexico either! Before you go off a main road, make sure you seek advice about how long it will take.

You can get to Nosara in a car in the dry season. We recommend a medium SUV for the ground clearance and potholes. But even a little Jimny will take you here! During the green season go for the 4WD SUV – don't even consider a car.

Vehicle rentals are quite expensive in Costa Rica. The main reason is the cost of a vehicle. Taxes are 100% of the cost of the vehicle, and that's reflected on the rental cost. Plan for a minimum of \$50 per day in high season. Renting is more time consuming than back home. Don't expect to flash your credit card in the fast lane.

All the major players have rentals in San Jose and Liberia – almost always off airport. We've been trying to establish a relationship with one company and that's not easy. Prices vary widely and your best bet is to shop around for the best rates for your dates.

Waze works really well almost everywhere in Costa Rica. You need an unlocked phone – 3G or 4G. At San Jose airport, the best place to get started is the small office right next to the baggage area (BEFORE you exit the baggage area). The staff speaks English, and the prices are ridiculously low. \$5 for the SIM card, an extra \$2 loads 30 minutes of talk.

You can buy data plans, but why bother? The pay as you go cost for data is so low that we don't bother with a data plan. Your SIM card will be deactivated after 120 days and you'll need to get a new one on your next trip. If you plan on coming back soon, you can keep your phone active by adding money online to the account before 120 days have elapsed. Either create an online account with Kolbi or easier if only a tad more expensive through https://llamacostarica.com/buy/mobile_recharge .

Thank you for taking the time to read all this information, we hope we helped you to know more about Nosara Paradise.

Enjoy your stay at Casa Ashaya!



Casa Ashaya

What is Recyclable in Nosara?

Glass:

All bottles and jars.

You cannot recycle light bulbs, mirrors, or porcelain.

NOTE: businesses pay deposits on many brands of bottled beer and juices. Help our local hotels, restaurants, and shops recoup their deposits by returning these brands to where you bought them.

Beer: Bavaria, Heineken, Imperial, Pilsen, Rock Ice

Sodas: Coca Cola, Everess Club Soda, Fanta, Pepsi, Seagram's Ginger Ale, Temple of the White Dog, Naked Foods Jungle Juices.

Metal:

All beer and soda cans, pet food, tuna cans, jar lids, bottle caps, etc.

Paper:

Newspapers, magazines, white paper, cardboard, cartons. You cannot recycle napkins, paper with grease on it, or toilet paper.

Plastic:

Containers with #1 & #2 stamped on the bottom with the number in the middle of a triangle.

This category includes bottles: Soda, Water, Vegetable oil, Bleach, and Disinfectant Jars: most salsas, mayonnaise, mustard, salad dressing, jellies and jams, and most peanut butter

Lids: of yogurt, ice cream, and sour cream containers

Plastic bags

Tetrapak:

Milk and juice boxes

Miscellany:

Batteries (including car batteries), electronics, printer cartridges. Please separate these from other recyclables, because they may leak. The best option is to bring them to the Recycling Center yourself.



Nosara Civic Trails

